

# KBC Salad Case Selection

Small Bowl - Serves 6 - 10 side servings - \$40

Medium Bowl - Serves 12 - 20 side servings - \$75

Large Bowl - Serves to 20 - 28 side servings - \$110

Fresh Seasonal Fruit Salad

Salmon Pasta Salad (\$45/\$85/\$125)

Grilled Salmon, Bow-Tie Pasta, Edamame, Dill,  
Red Onions and Stoned Ground Mustard  
Dressing

Quinoa Salad

With Cucumbers, Cherry Tomatoes, Cilantro, and  
a Spicy Lime Dressing

Italian Chopped Salad

Romaine, Radicchio, Aged Provolone Cheese,  
Cherry Tomatoes, Whole Beans, Dry Italian  
Salami, and Oregano Vinaigrette

Broccoli and Snap Pea Salad

With Roasted Garlic, Black Sesame Seeds,  
and a Soy Sesame Dressing

Carrot Salad

With Cilantro, Peanuts, and Sesame Oil  
and Red Wine Vinaigrette

Chinese Chicken Salad

With Crunchy Iceberg Lettuce, Cilantro,  
Green Onions and Peanuts tossed with a Dry  
Sesame Seed Dressing

Greek Salad

Tomatoes, Red Onion, Cucumbers, Red Peppers,  
Parsley, Mint, Kalamata Olives, Feta,  
Pepperoncini's and Oregano Vinegar

Orzo Pasta Salad

Orzo Pasta, Fava Beans, Laura Chenel Goat  
Cheese, Lemon Zest, Mint, and a  
Lemon Vinaigrette

Mediterranean Pasta Salad

With Orecchiette Pasta, Kalamata Olives,  
Cherry Tomatoes, Red Onion, Toasted Pine Nuts,  
and an Orange Curry Vinaigrette

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Mixed Green Salad

"The Works" (lots of seasonal fresh Veggies)  
toasted Nuts and Seeds, and a  
Balsamic Vinaigrette

Fall Salad

With Pt. Reyes Blue Cheese, Dried Cranberries,  
Spiced Pecan, Sliced Pears with a Balsamic  
Vinaigrette

Organic Bloomsdale Spinach

With Berkshire Bacon, Olive Oil Croutons, Toasted  
Sunflower Seeds, and Goat Cheese, with a  
Stoneground Mustard Vinaigrette

## KBC's Sandwich Case Selection

A variety of these sandwiches are available daily. All cut in half and ready to eat.

### Chicken Salad

With Apricot Chutney, Celery, Scallions,  
and Lemon Aioli  
Served over mixed greens on our house  
made Croissants

### Curried Tuna Salad

With Apples, Celery, Red Onions, Mayo,  
Currants and Basil.  
Served over mixed greens on  
Sourdough Bread

### Roasted Red Pepper and Salami

With Goat Cheese and Shaved Lemon  
on a Baguette

### Chicken Bacon Avocado

With Bacon, Avocado, Lemon Aioli and  
Spinach Pesto. Served with mixed greens  
on a Ciabatta

### Chicken Tarragon Salad

With Celery, Scallions, Lemon Aioli, and  
Walnuts. Served over mixed greens on  
our house made Croissants

### Bahn Mi Chicken Sandwich

Ginger, Lemongrass, and Cilantro season  
a Grilled Chicken Breast, with pickled  
shredded carrots, and a zippy chili mayo  
on a Demi-Baguette

### Egg Salad

With Parma Prosciutto,  
Spinach Pesto and mixed greens.  
Served on a Round Rustique Roll

### Thai '70s Sandwich

Avocado, Tomato, Sprouts, Red Onion,  
Sliced Cucumber, Aged Provolone  
and Hummus On Sourdough Wheat and  
Walnut Bread

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Lunch Ideas when feeding a larger crowd. 10 person minimum to order either of the following.  
Drinks are not included in this price, but can be added for an additional \$2.50 per person.

### Karen's Lunch Buffet

Pick up a family style array of sandwiches,  
One seasonal Specialty  
or Garden Salads,  
Assorted Mini Cookies or Brownies  
Plates, Napkins and Utensils  
\$17 per person

### Box Lunches

Box lunches are packaged in individual plastic  
boxes and include utensils.  
Your choice of a  
Chicken Salad, or Egg Salad  
with a Mixed Green Salad.  
\$14 per person

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KBC - Karen's Bakery Cafe & Catering Kitchen

(916) 985 - 2665

[www.karensbakery.com](http://www.karensbakery.com)

